

Teddy Bear Picnic

Connections

Activities

# Opening

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## Snowflakes

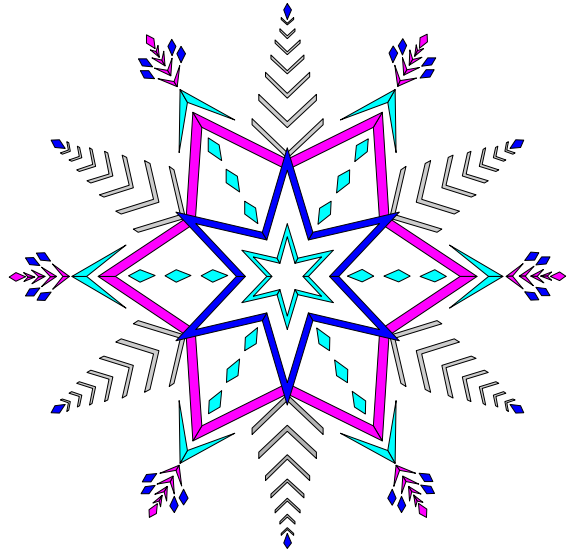
Have the girls make snowflakes out of folded pieces of paper and decorate. Note how each snowflake is different, just like in nature; no two are the same.

### Nametags:

With adult assistance, girls should write their name on the snowflake and pin on using safety pins. With four (or fewer, if you are rotating the stations differently) color-coded papers, you will have your groups arranged.

### Materials needed:

- square sheets of colored paper
- blunt scissors
- markers
- safety-pins



## Housekeeping Items

- ➔ Explain to the participants how the event will go and what the activity stations are
- ➔ Show the participants where the restrooms are
- ➔ Ask for questions

*Optional:* Do an opening ceremony

Use the Ceremonies in Girl Scouting book for ideas

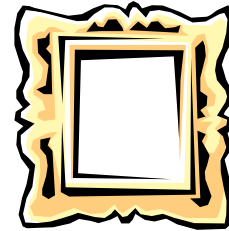
# Activity Station:

# Games

Daisy Girl Scouts have a lot of energy. Games are a good way to use this energy in positive ways. Pick 2 of the following to do with the girls:

## Mirrors

This is a game to encourage cooperation. Each girls finds a partner (partners can be chosen or use a fun way to randomly assign them). Girls sit on the floor and face each other. One girl is a “person” and one girl is a “mirror”. The mirror must act out the same movements as the person. The girls can perform actions they would ordinarily do in front of a mirror, or be creative. The partners then switch roles after a few minutes.



Note: Some girls may try to compete and move faster than the mirror. Since cooperation is the goal, you might suggest that the pairs move slowly so that an observer cannot easily tell who is the mirror and who is the person.

Materials needed:

- activity to pair the girls
- \_\_\_\_\_

## Daisy to Daisy

This is from the Guide for Daisy Girl Scout Leaders activity card #1.

Materials needed:

- \_\_\_\_\_
- \_\_\_\_\_

## Choices

This is a problem-solving game. Girls are given choices: “Are you more like a bunny rabbit or a teddy bear?” All the girls with the same response “rabbits” go to the same group. Ask the girls in the groups to tell you why they are “bears” or “rabbits”. You can continue the game with other choices, such things as objects, foods, places, cars, and TV programs in the game.

**Important:** Make sure the choices are close in value. For example, you wouldn’t use a bunny rabbit and a snake.

Materials needed:

- ideas for choices
- optional: choices written on signs



## Your own game

You may choose a game of your own. These games need to be non-competitive and relate to the topics of communication, cooperation, and/or appreciation of differences.

Materials needed:

- \_\_\_\_\_
- \_\_\_\_\_

# Activity Station:

# Feelings

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## Masks

Have the girls make a mask that reflects how they sometimes feel. They are free to decorate the mask any way they wish.

Materials needed:

- paper plates
- tongue depressors or popsicle sticks
- glue to attach the holder to the paper plate
- scissors to cut out eye holes
- materials to decorate with (i.e. markers, crayons, glitter, feathers)

## Behind the Mask

Ask the girls to sit in a circle. Have them pass around pictures of people who look angry, lonely, upset or sad. Can each girl (or pair of girls) make up a story about one of the people in the pictures? Why does the person look like this? What happened before the picture was taken? Is there something a Daisy Girl Scout can do to help this person feel better? Encourage girls to share something they have done in a real situation to make someone feel better. Share why it is important to be sensitive to the feelings of others.

Materials needed:

- pictures of emotions (or clip art that can be ordered)
- discussion leader who is empathetic

## Your own activity

You may choose an activity of your own. This station should relate to understanding a range of emotions and that each person has the same range of emotions.

Materials needed:

- \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
-

## Activity Station:

## Words Can Hurt

### Words Can Hurt

Most children are the victims of hurtful words at one time or another. Name-calling or teasing can be damaging to their self-esteem. Have the girls give a list of hurtful words and record them.

Use three teddy bears to dramatize the following scenario:

Teddy #1: (to Teddy #2); Come on, let's play tag!

Teddy #3: Can I play?

Teddy #2: Go away stupid. We don't want to play with you!

Teddy #3: (moves away with head down)



Ask the girls the following: How would you feel if you were Teddy #3?

Why do you think Teddy #2 treated Teddy #3 that way?

Suggest things that Teddy #1 could do or say to make Teddy #3 feel better.

Materials needed:

- three Teddy Bears (remember each girl will be bringing one)
- flip chart and marker to record responses

### Telephone

Have the girls make a telephone with two cans and a string. Have the girls try them out. Is communication clear?

Materials needed:

- two tin cans per girl with one end off and a small hole punched in the other
- string to tie them together

AND/OR

In a circle whisper a phrase to one girl and have her pass it on to the next girl and so on. The last girl should share what she heard. After something is repeated many times, does some of the message or meaning get lost?

### Making Judgements

Children often make judgements about others based on limited experiences or external appearance.

Wrap two non-food "treats", one in a fancy package and one in a plain paper (or newspaper) package. Wrap two rocks (other "non-treat"), one in a "fancy" package and one in a plain paper package. Place the packages clearly numbered 1, 2, 3, 4). Pass out small slips of paper to each girl and ask her to write the number of the package that she would like to open. After tallying the votes, open the one that received the greatest number of votes. Open the rest in order of votes received.

Assuming that they tend to choose the "pretty" package, the girls are asked to see these tendencies as normal but also prejudicial and potentially destructive when applied to people.

Materials needed:

- two non-treats (rocks, crumpled paper)
- two non-food treats (stickers, pencils, stuffed animal)
- four identical boxes (Note: it will be easier to re-use if you wrap the box and lid separately)
  - fancy wrapping paper and plain paper or newspaper
  - ribbon/string
- one small piece of paper per girl/pencils

## Activity Station:

## Me Bag

### Me Bag

Have each girl decorate bag (or box, etc.) that they can symbolically fill with things that are important to them. Prized possession can be an expression of their cherished memories, proud accomplishments, and favorite things. As they are making their bag or box, have them share what they might put in it and/or what is special to them.

The opportunity to share them with their friends and peers can be a self-affirming activity. Encourage the girls to discuss what they might put in the bags.



Materials needed:

- materials to decorate with (markers, crayons, glitter, paints, yarn, pictures, noodles)
- paper bags (lunch size)
- glue and scissors

### What is Important to Me

Ask each girl to draw or cut out pictures of five things important to her family. Ask her to include such things as favorite foods, places, hobbies, recreational activities, people and holidays. Have girls share their drawings or pictures with the group and their families.

More: this activity helps girls recognize their families' values by choosing what things are most important. Identify which things are common to all the girls and which things make each girls' family special and unique. Girls may learn about new foods, activities, and holidays from this discussion.

Materials needed:

- paper/construction paper
- magazines
- blunt scissors
- glue (to paste pictures cut)
- crayons, pencils or markers

OR

### My favorite

Have the girls share their answer to one or more of the following statements:

My favorite holiday tradition is \_\_\_\_\_.

My favorite color is \_\_\_\_\_.

My proudest accomplishment is \_\_\_\_\_.

My favorite food is \_\_\_\_\_.

My favorite song is \_\_\_\_\_.

If I could go anywhere, I would go \_\_\_\_\_.

Materials needed:

- ideas for questions
- \_\_\_\_\_
- \_\_\_\_\_

## Activity:

## Teddy Bear Picnic

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### Drink and/or Snack

This is a 30 minute station that brings all of the groups together for a picnic style snack. This should be a simple snack with emphasis more on making friends, sharing and having fun.

Some menu suggestions:

|           |          |
|-----------|----------|
| fruit     | Kool-Aid |
| popcorn   | 7-up     |
| trail mix | juice    |



**Do one or two of the following activities:**

### Introductions

Have the girls introduce themselves and their Teddy Bears. As they introduce themselves have them tell something special about themselves and/or their Teddy Bear.

### Daisy Connections Book

- Share booklets with the girls (distribute one for every 2-5 girls to share). Have someone read the book aloud with the girls.
  - Read pages 3-9.
  - The reader can then lead the girls in a discussion using the questions on page 10.
- OR** You could use one of the story books referenced in the Daisy Girl Scout Connections booklet.

Materials needed:

- Daisy Connections booklets

### Sharing cultures

Teach the girls:

- to say hello in 3 languages (consider including Sign Language, the Brownie Girl Scout handbook has the ASL language)
- count to 5 in a language
- music from several cultures (the girls could also dance to the music)
- The Promise from another World Association of Girl Guides and Girl Scouts (WAGGGS) member. (These can be found in the resource *Trefoil Around the World*, published by WAGGGS)



Materials needed:

- words written on poster board
  - music and tape player
- Trefoil Around the World* book

## Closing

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Pick one of the following two activities to do with the girls:



### Personal Contract

Have the girls draw or write one thing they will try to do differently in the future. This may be something that they will do to help others, not hurt someone's feelings, let someone know that they are special or get to know someone they did not know before.

Materials needed:

- sheets of paper
- pencils, crayons or markers
- stickers (optional)



### One Thing Learned...

Either privately, in their troops or sharing with the whole group, have each girl consider one thing she learned today and what she will take with her.

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### Optional: Closing ceremony

Use the Ceremonies in Girl Scouting book for ideas.

One good closing would be to do a friendship circle and sing "Make New Friends".

Materials needed:

- words to song (maybe on a poster)
- ceremony leader



### ??/Answer & Evaluations

Be sure to take a few minutes to answer any questions and distribute the evaluations for both the girls and the adults.

Materials needed:

- evaluations (supplied)
- pencils, crayons

### Clean-up

Have everyone help with the clean-up. Girl Scouts leave a place cleaner than they found it!

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